# APA Style Guide for Nursing Assignments



Cochran School of Nursing Library

# Why use APA style?

- \* Credits the originator of ideas, words, and works you used in your research
- \* The APA style reference list allows the sources used in a research paper or in preparing a care plan to be checked

# Citing your source in your care plan You should add page numbers to your citation like this (Doenges, 2017, p. 32-33).

	Nursing diagnosis	Goals	Interventions	Interventions continued	Rationales	Evaluation
Nursing Care Plan Evaluation	NANDA TERMINOLOGY ONLY Etiology is relevant & not another nursing diagnosis If etiology is a medical diagnosis, was that the most effective wording SUBJECTIVE DATA Relevant & timely & quoted from patient OBJECTIVE DATA Assessment includes vital signs physical examinations findings, age, gender, current surgical problems, interventions as appropriate, timely & relevant. Diagnostic tests & procedures as relevant & appropriate Chart data include meds	LONG TERM GOALS:  Relevant to diagnosis if yes then: Specific Measurable Achievable Realistic Has a specific time frame Start with "the patient will"  SHORT TERM GOALS Relevant to diagnosis, if yes then: Measurable Achievable Realistic Has a specific time frame Start with "the patient will"	REASSESSMENT CRITERIA: The reassessment should: Relate to measuring achievement of the goals, if yes then: Relate to objective data Specify exactly what will be assessed and by what method (unless obvious) Specify how often? INDEPENDENT ACTIONS NEED TO: Relate to the etiology portion of diagnosis, if yes then: Interventions will start with "the nurse will" Specify who will perform the action Specify how or by what method DEPENDENT ACTIONS Relate to the	Interventions will start with "the nurse will" Specify who will perform the action Specify when it should be performed Specify how or by what method  (Ackley, Ladwig & Makic, 2017 p. 55-60)	Rationales are relevant to patient's condition and the selected interventions. If yes then: Give specific textbook and page number for each intervention (Doenges, 2017, p. 32-33 & 46-48).  Attach a reference page with complete APA style citation for all books used in the care plan.	EVALUATION OF INTERVENTIONS:  Evaluates each intervention relating it to the rationale and is relevant to the topic, if yes then:  Begins each statement with a "charting" comment stating: Who did what, When  The patients responses to the intervention (wa it effective).  How student knows it was effective  Actual values when appropriate Summary evaluation of goals: Summary statement of each goal stating: Was the goal achieved When was it achieved Evidence of achievement Date of evaluation FORMAT: Lines up and numbers each intervention rationale, & evaluation

# Your care plan might look more like this, cite the books inside the box with your interventions and rationales

Condition: Sepsis 99 Nursing Diagnosis 1 Nursing Diagnosis 2 Nursing Diagnosis 3 Hyperthermia related to increased meta-Acute pain related to circulation of toxins Deficient fluid volume related to decreased bolic rate evidenced by increased body and visceral edema and distention eviamount of circulating fluid volume evitemperature, warm skin, and increased denced by verbal reports, guarding or denced by vomiting, decreased urine outpulse and respiratory rate. distracted behavior, and changes in VS. put, decreased skin turgor, dry mucous membranes, weight loss, and increased pulse rate. 1) Note conditions that promote fever; 1) Perform routine comprehensive pain 2) Measure temperature using properly assessment; 2) Accept patient's descripfunctioning thermometer; 3) Be aware 1) Monitor VS, mucous membranes, weight, tion of pain; 3) Investigate changes in or of heat loss for body size and mass; frequency of pain; 4) Observe for rigidity, skin turgor, and urinary output; 2) Review 4) Adjust bedclothes, linen, and environcrying; 5) Provide comfort measures, child's intake of fluids; 3) Discuss individment; and 5) Administer antipyretics. holding, repositioning; 6) Encourage ual risk factors, potential problems, and sleep and rest periods; and 7) Administer specific interventions (e.g., fluid replaceanalgesics as ordered. ment options); 4) Keep accurate (&O: 5) Maintain NPO as ordered; and 6) Ensure (Doenges, 2017, p. 32patent nasogastric (NG) tube, record drainage, and replace fluid as appropriate. 33 & 46-48). **Nursing Diagnosis 4** Nursing Diagnosis 5 Deficient knowledge of caregiver that may Condition: be related to lack of exposure or recall, information misinterpretation, unfamiliar-Sepsis ity with information resources, cognitive Age: limitation, or lack of interest in learning. 1) Ascertain readiness, level of knowledge, and individual learning needs: Link & Explain. Norwing interventions Classification 0980: 2) Provide positive reinforcement; 3) Pro-NIC: ey and Diagnostic Procedures vide access information for contact per-. Mediculions son and identify available community resources and support groups; 4) Prepare child for procedures in accordance with development; 5) Encourage child and caregiver participation in care: 6) Document parents'/caregivers' understanding and informed consent; and 7) Counsel parents/caregivers on the risk of reoccurrence of infection. Medications Laboratory & Diagnostic Procedures a. Antibiotics and/or antiviral a. ABGs, CBC with differential b. Oxygen Kidney function tests; white blood cell count; fibrin

€. Corticosteroids

degradation products

c. Platelet count
 d. Cultures

# Reference page example

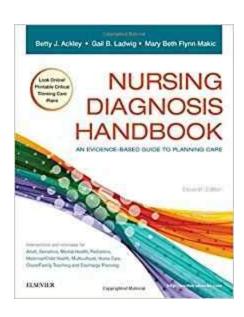
#### References

- Ackley, B. J., Ladwig, G.B., & Makic, M.B.F. (2017). Nursing diagnosis handbook: An evidence-based guide to planning care (11th ed.). St Louis, MO: Elsevier.
- Gulanick, M. & Myers, J. L. (2017). *Nursing care plans: Diagnoses,* interventions & outcomes (9<sup>th</sup> ed.). St. Louis, MO: Elsevier.
- Wittmann-Price, R. A., Thompson, B. R., Sutton, S. M. & Eskew, S. R. (2013). *Nursing concept care maps for safe patient care*. Philadelphia, PA: F.A. Davis.

#### Individual citations for books used

Ackley, B. J., Ladwig, G.B., & Makic, M.B.F. (2017). Nursing diagnosis handbook:

An evidence-based guide to planning care (11th ed.). St Louis, MO: Elsevier.



### Breaking it down APA style Book

**Author** Date Book title

Gulanick, M. & Myers, L. M. (2014). Nursing care plans: Diagnoses, inventions and outcomes.

Philadelphia, PA: Elsevier.

Place of publication: Publisher

# Annotated Bibliography example

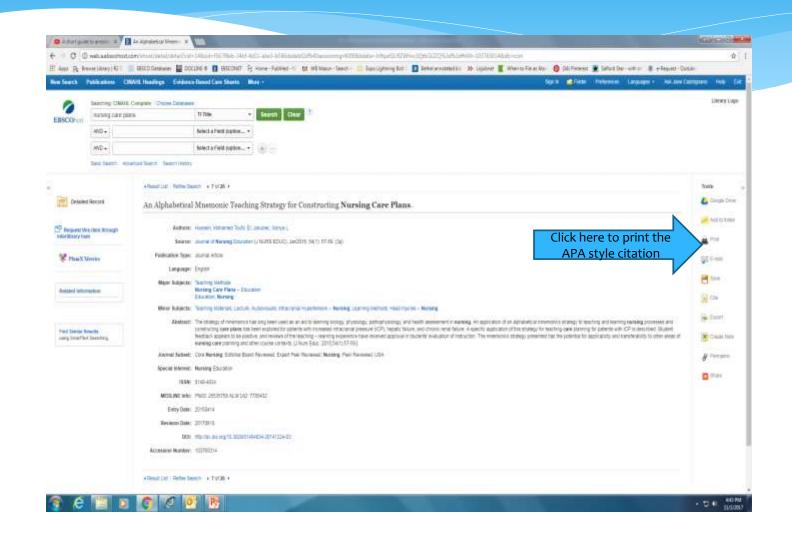
Your name

#### Annotated Bibliography

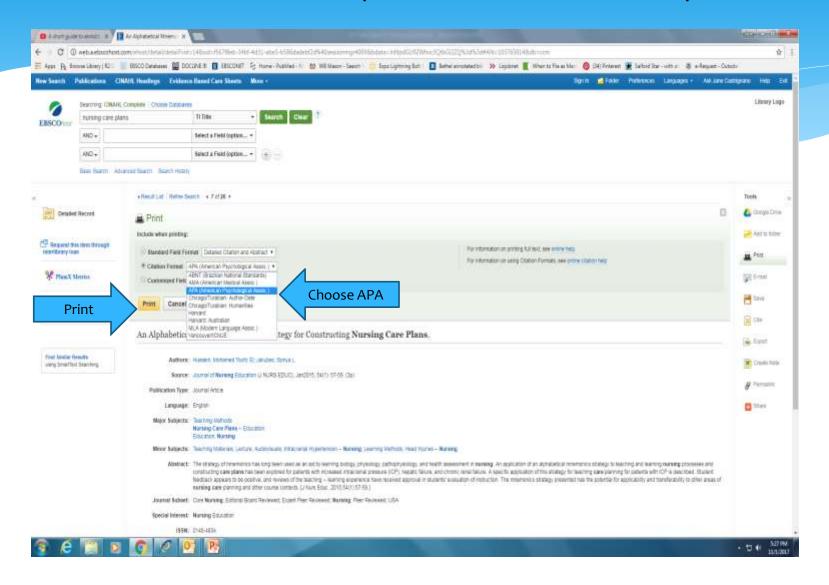
Beck, C. T. (2017). Caring for a child with an obstetric brachial plexus injury: A metaphor analysis. *Journal of Pediatric Nursing*, *36*, 57-63.

The seven metaphors helped women express what they could not completely capture using only medical jargon and provide valuable insight for clinicians. Using secondary qualitative data analysis to mine for any metaphors in a primary data set gives researchers another valuable and creative opportunity to discover new knowledge from the data they had previously collected.

# This is a journal result in Ebsco, now you have to cite it APA style



#### Choose APA from the drop-down menu and then click print



#### Here is the APA citation, you can copy and paste it into a word doc to begin your Annotated bibliography





### Breaking it down APA style Journal article

**Author** Date Article title

Beck, C. T. (2017). Caring for a child with an obstetric brachial plexus injury: A

metaphor analysis. Journal of Pediatric Nursing, 36, 57-63. doi:10.1016/j.pedn.2017.04.00

Journal Name Vol, Issue and page Info DOI

### APA style papers and annotated bibliography essentials

- \* Citation should have a hanging indent of half an inch. (approx 6 spaces)
- Double space everything
- \* 12 point Times New Roman font
- \* Italicize book title Nursing concept care maps for safe patient care and capitalize only first word of the title and the first word of a subtitle after a colon:
- \* No bolding, NO ALL CAPS, no underlining
- \* List of sources is called "References" centered above citation/s

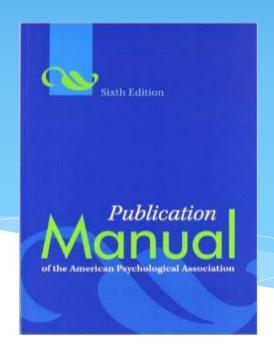
Capitalize first letter of each word of a journal i.e. Journal of Pediatric Nursing

Example of journal article

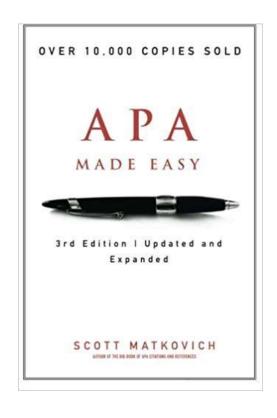
Beck, C. T. (2017). Caring for a child with an obstetric brachial plexus injury: A

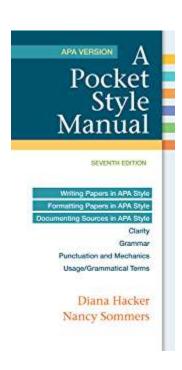
metaphor analysis. Journal of Pediatric Nursing, 36, 57-63. doi:10.1016/j.pedn.2017.04.005

"The *Publication of the American Psychological Association*" 6<sup>th</sup> ed., is the "bible" for all things APA, and if you are the type of person who likes to "go deep" then we have copies of that book for loan in the library.



Diana Hacker's pocket style manual is a good alternative to the full APA book. We also have "APA Made Easy".





### References

- \* American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.
- \* Hacker, D., & Sommers, N. (2016). *A pocket style manual* (7<sup>th</sup> ed.). Boston, MA: Bedford/St. Martin's

# Contact the library

- \* Paul Hersh, 914-798-8871 phersh@riversidehealth.org
- \* Jane Castrignano, 914-964-4281 jcastrignano@riversidehealth.org

